

Greatest Granola - Patty Shannon

Ingredients:

2 1/2 cups regular rolled oats
1/2 cup sliced almonds
1/2 cup sunflower seeds
1/2 cup sesame seeds
1/2 cup coconut
2 tablespoons wheat germ
2 tablespoons flax seed meal
1/4 cup all purpose flour or soy flour
1/4 cup nonfat dry milk
2 tablespoons light brown sugar, packed
1 teaspoon ground cinnamon
1/2 cup vegetable oil
1/2 cup honey
1/2 teaspoon salt
1/2 cup seedless dark raisins and/or cranberries

Directions

In a large bowl, combine oats, almonds, sunflower seeds, sesame seeds, coconut, wheat germ, flax, flour, dry milk, brown sugar, and cinnamon.

In a small bowl, mix oil, hone, and salt: pour over dry ingredients. Mix thoroughly. Spread in a rimmed baking pan and bake at 350 degrees for about 22 minutes, stirring every 9 minutes. Stir in the raisins the last 4-5 minutes. Remove from oven and cool. Store in airtight container.

May be stored at room temperature for several months.

May be frozen